RIPPLES FROM THE HARBOR



SEPTEMBER 2014 Your Monthly Newsletter from Cold Spring Harbor Junior/Senior High School

COMMUNITY ORGANIZATIONS

CFA~PTO

REMEMBER TO RENEW YOUR CFA MEMBERSHIP FOR THE 2014-2015 SCHOOL YEAR!

Welcome Back! Please join us at the first CFA meeting of the school year on Tuesday, September 9 at noon in the Performing Arts Center. In an effort to have an even more successful CFA, we are encouraging all our members not only to get involved but to help spread the word and encourage your friends to become CFA members and attend our monthly meetings. Our membership is only at about 50% of the families....if each of you can encourage just one friend to join, we can hit close to 100% membership!!! Think of all that we can do and the impact we can make, for our children and our school! Please visit our website at www.cshcfa.com for important dates and back to school news.

FALL DRAMA CLUB Welcome back, Thespians!

We hope you had a wonderful summer! See our attached flyer concerning an Informational Meeting and Auditions.

DISTRICT NEWS

•Board of Education Meeting –Tues., September 9, 2014 at 8:00 PM, Location -TBD.

SCHOOL NEWS

•ATTENTION ATHLETES: All athletes are required to have a current physical on file in order to participate in sports. The school doctor will be in the Health Office on Mon., Sept. 8th at 7:45 AM. The physical will be valid for the entire 2014-2015 school year, including the summer training programs. All students are encouraged to attend. If you have any questions, please see Ms. Pendel or call 631-367-6904.

•FROM THE HEALTH OFFICE: In order to keep our students as healthy and safe as possible, we would like all parents to stress to their children the importance of good hygiene. Encourage them to wash their hands often and to cover their mouth with the crook of their elbow when they cough. Send them to school with bottled water and/or drinks and tell them not to share their drinks with their friends. Most important of all, if your child is sick, keep him/her home. If your child tells you that he/she is not feeling well, please take your child's temperature. If your child has a temperature of 100° or above, he/she must stay home until they are fever free without medication for 24 hours. Hopefully, with your help we can all have a safe and healthy school year.

Cold Spring Harbor HS Drama Club presents



Informational Meeting for

OUR TOWN: Thursday, September 18th in the PAC 2:30pm

Auditions

for

OUR TOWN:

MONDAY, SEPTEMBER 22^{ND} IN THE PAC 2:30pm

CALLBACKS: TUESDAY, SEPTEMBER 23RD in the PAC 2:30pm

Cold Spring Harbor Library Coming up in Teen Services this September...

REGISTRATION FOR ALL PROGRAMS IS REOUIRED. PROGRAMS ARE FOR STUDENTS IN GRADES 6-12, UNLESS OTHERWISE NOTED.

Teen Advisory Board: DIY Awesome Journals

Thursday, September 11, 7pm

Earn an hour of community service sharing your thoughts and ideas with the teen librarian. Turn plain old notebooks into something awesome! (We'll provide the materials) Also: we'll be making Library Shouts for the Children's Room.

Secrets of a Super Student: Effective Study Habits

Wednesday, September 24, 4-5:30pm

Start the school year off right: learn how to *really* study! Tips and tricks that will make your life easier.

Teen Pizza and a Movie: Nick & Norah's Infinite Playlist (PG-13, 90 minutes) Thursday, September 25, 3pm

Nick and Norah have nothing in common except their taste in music. A chance meeting and a crusade to find a legendary rock band's secret show ends up being a night that will change their lives forever. Based on the Young Adult novel by Rachel Cohn and David Levithan.

Big Screen Reads: Nick & Norah's Infinite Playlist (grades 7-12 only) Thursday, September 25, 7pm

Tonight we'll be discussing Rachel Cohn and David Levithan's novel, Nick & Norah's Infinite Playlist, and the movie starring Michael Cera and Kat Dennings. Books available at Circulation starting August 25th.

New Online Resource!

CSHL.DRIVING-TESTS.ORG/New-York

Go to cshl.driving-test.org/new-york

Our newest online resource is available to everyone, with or without a library card. This site is part of the Community Based Online Driver Education Program, whose mission is to provide public libraries with funding for the development of high-quality online driver education programs.

Volunteer Meetings

Thursdays, 6:30pm

If you are interested in volunteering at the library, please be sure to attend ONE orientation meeting before you start volunteering. Community Service is available to students in grades 7-12 who live in the Cold Spring Harbor Library district.

> Space is limited, so register today! Call us at (631) 692-6820 or visit our website, www.cshlibrary.org, to register for the above programs.



Cold Spring Harbor Library & Environmental Center 95 Harbor Road Cold Spring Harbor, NY 11724 COLD SPRING HARBOR WWW.cshlibrary.org / 631.692.6820 / CSH Mobile App



Guided Meditation

Two Sessions: Tuesday, September 30, 2014 at 7pm Thursday, October 30, 2014 at 7pm



Linda Cafiero will explain the benefits of mindfulness, how to practice meditation, and lead the group through a body-centered mediation. Come to one or both sessions! Please bring a **towel or mat and a small pillow if you choose to lie on the floor.**

This program is free and open to adults and young adults age 16⁺. Advance registration is appreciated.

For more information, contact Information Services at 631-692-6820, visit www.cshlibrary.org, or download our app, CSH Mobile.

